

## Our Staff

Isabel Araya  
Carol Barbosa  
Blanca Benitez  
Michelle Benitez  
Richard Blaszcak  
Robbie Brydon  
James Cairns  
Kaitlan Cowell  
Emily Crump  
Joe Da Silva  
Faith Donald  
Philomena Dos Santos Gokul  
Natalie Dhzumak  
Svitlana Dhzumak  
Lucia Furguele

Christine Gallo  
Edmond Gjermeni  
Manjola Golgota  
Julia Graham  
Noah Henne  
Christina Hermenegildo  
Elissa Hermolin  
Caroline Klemens  
Tracy Lappa-Walker  
Medbh Lavery  
Iris Lee  
Nadine Lewis  
Laura Loli-Dano  
Jorge Lopez  
Jill Macdonald  
Francisca Mantilla  
Alison Mazurkiewicz  
Daniela McDougall  
Joan McKenzie

Kathryn Miller  
Lisa Nadurata  
Margaret O'Brien  
Christine Perestrelo  
Aleksandra Proevski  
Larissa Samborsky  
Nicole Sammut  
Rosalynn Santos  
Rachel Schechter  
Itamar E. Tamari  
Barbara Targosinska  
Fatima Teixeira  
Sonia Teixeira  
Xhuljeta Ulaj  
Sofia Uljanitski  
Nataliya Vasylevych  
Sabrina Virdee  
Chantal Walker  
Shelley Walkerley

# Stonegate Community Association & Community Health Centre

## Annual Report to the Community

2007 - 2008

## Our Partners

Bishop Allen Academy  
Centre For Local Research Into Public Space  
City of Toronto Parks and Recreation  
Etienne Brule Junior School  
Etobicoke Brighter Futures Coalition  
Family Service Association of Toronto  
Federation of Metro Tenants Associations  
Hope For Tomorrow Church  
Humber Bay Child Care Centre  
Kiwans Club of Kingsway Humber  
Lakeshore Area Multi-Service Project (LAMP)  
Lakeshore Collegiate Institute  
LAMP Early Years Centre  
Mabelle Community Coalition  
Next Door Family Resources  
Parkdale Community Health Centre  
Park Lawn Baptist Church  
Park Lawn Junior Middle School  
Rexdale Community Health Centre

Royal York Road United Church  
St. James Humber Bay Anglican Church Food Pantry  
St. Joseph's Health Centre  
St. Mark Catholic Church  
St. Mark Catholic School  
Stonegate Action and Outreach Group  
Stonegate Community Ecumenical Ministry  
Stonegate Pharmacy  
Storefront Humber  
Toronto Catholic District School Board  
Toronto Public Health  
Toronto Police Service - 22 Division  
West End Urban Health Alliance  
West Toronto Diabetes Education Program (WTDEP)  
Working Women Community Centre  
YWCA of Toronto

## Contact Us

Stonegate Community  
Health Centre  
150 Berry Road,  
Etobicoke, Ontario, M8y 1W3  
Telephone: (416) 231-7070  
Fax: (416) 231-2663  
E-mail: [info@stonegatechc.org](mailto:info@stonegatechc.org)  
Website: [www.stonegatechc.org](http://www.stonegatechc.org)



Thank You

## Message from the Board President

They say that crisis and opportunity are different sides of the same coin and that has certainly proved true for Stonegate Community Health Centre this year. With a devastating flood in September of 2007, our centre was thrown into a crisis that tested us in unimaginable ways. We delivered services in makeshift environments, relied on friends and partners to help us pull through, and we worked hard, board and staff together, to find and capitalize on the opportunities that this crisis presented.

Our renovations have allowed us to reorganize our space to serve our community better, bringing all of our staff together in the main program site. Reorganizing our staffing structure has given us the opportunity to focus on enhancing services in key areas such as seniors and youth. Our relationships with key partners and community friends have been strengthened.

Our centre has been successful over the years because of strong and effective leadership. Our Board of Directors bids a fond farewell, with our sincere gratitude, to Anna Teed, Zita Bacevicius and Mary Manocchio. This past year, we said farewell to long-time Executive Director Lucia Furgiuele, who was ably replaced by founding staff member Isabel Araya. Isabel soon decided to move on to new opportunities as the inaugural Executive Director of the new Vaughan Community Health Centre. While the Board conducted a search for new leadership, Michael Barkley expertly led us through the renovation process as Interim Director.

We are pleased to introduce Bev Leaver to the Stonegate community as our new Executive Director and are confident in her ability to lead our centre into the future.

Finally, to our community, our friends, who kept faith with us, worked with us and continued to entrust us with the care of your health, we thank you and are honoured to be able to continue serving you.

We look forward to many more great years together!



Kimberly Curran  
Board President

### Funders:

Ontario Ministry of Health & Long-Term Care  
Toronto Central Local Health Integration Network  
City of Toronto  
Ontario Trillium Foundation  
Human Resources and Skills Development Canada  
Ontario Lung Association  
LAMP Community Health Centre



## Our Funders & Donors

### Donors:

Ailsa Little Trust  
Charities Aid Foundation (US)  
Deloitte Management (Kelly Lang)  
Etienne Brule School  
FoodShare  
In memory of Tom Hardcastle  
Kingsway Lambton United Church  
Kingsway Lambton United Church Women  
Kiwanis Club of the Kingsway  
Next Door Family Resources  
Stonegate ValuMart  
Toronto Parks and Trees Foundation  
Toskan Casale Foundation

## 2007 - 2008 Financial Report

This summarized statement of financial position is derived from the complete financial statements of the Stonegate Community Health Centre for the year ended March 31, 2008.

For more information, the complete and audited statements are available from the office of the Executive Director.

	2007-2008	2006-2007
<b>Revenues</b>		
Ministry of Health	2,495,204	2,322,047
Other Projects & Grants	465,222	388,369
Deferred Revenue	85,673	89,463
Donations	26,820	32,640
Interest	4,892	8,299
<b>Total</b>	<b>3,077,811</b>	<b>2,840,818</b>
<b>Expenses</b>		
Salaries & Benefits	1,912,934	1,676,623
General Operating	554,780	517,214
Non-Recurring	0	104,462
Other Projects & Grants	490,385	392,159
Deferred Expenses	60,510	85,673
Donation Expenses	11,309	11,572
Return to Ministry of Health	29,003	28,074
Retain for Reserves	18,890	25,041
<b>Total</b>	<b>3,077,811</b>	<b>2,840,818</b>

## Our Board of Directors

Zita Bacevicius  
Kimberly Curran (President)  
Mark Gaudet  
Galina Golubka  
Marta Griffiths  
Helen Keown  
Kelly F. Lang

Sara Elizabeth Pasela Lopez (resigned)  
Mary Manocchio (Past President)  
Jaqueline Murdoch  
Richard Petko (Treasurer)  
Barbara Rowell (Vice President)  
Peter Slavtchev  
Anna Teed

## Our Mission, Vision & Values



### MISSION

Stonegate Community Health Centre works with the community to improve its well-being. Together we identify and respond to individual and community concerns by providing meaningful health and social programs and services.

### VISION

We envision an actively engaged neighbourhood that respects diversity, encourages community-based leadership, and strives to achieve its full potential.

### PRINCIPLES

- We believe that the programs and services should be accessible to all residents of the community
- We recognize that our community is impacted by systemic barriers to health and are committed to making special efforts to encourage the participation of individuals and groups facing these barriers
- We believe that the Centre should address (through both individual and population-based approaches) the social and environmental conditions that affect the physical, spiritual, emotional, economic and social well-being of our community
- We believe that the Centre should endeavour to build the capacity of individuals and the community so that they can take control over their own well-being
- We believe that individuals should be active participants in health and social programs and services, and that professionals should act primarily in a supportive and educative function
- We believe that all of the Centre's work must be compassionate, fair, and respectful of the diversity of our community residents
- We believe that the Centre is accountable to its community

## Thank You

On September 29, 2007 a sewer back-up in the lower level of the Stonegate Community Health Centre and Annex caused incredible damage. Water and waste up to 6 inches deep in places, created an unsafe and unhealthy environment for staff and clients alike.

Clean-up efforts began immediately, but given the nature and extent of the damage, the only recourse was to close the lower levels completely, demolish the damaged walls and floors, discard damaged equipment and supplies, and work tirelessly to secure much needed financial support and resources to re-build the space.

Maintaining program and service delivery to the extent possible during “the flood” was the number one priority of the board, management and staff of the centre and incredible efforts were made to find temporary homes for essential programs and services.

Fortunately, the medical clinic was able to relocate to available and well-equipped space in the Stonegate Pharmacy. The Stonegate Seniors Plus Club, the Women's Drop-in and many of our Children and Youth programs were able to continue meeting in space provided by Hope For Tomorrow Church in the Stonegate Plaza. Our Early Years services for families with young children were able to continue in space provided in local schools, in Hope For Tomorrow Church and with other partner agencies.

Stonegate CHC remains forever grateful to all those that lent a hand and supported us during the crisis. Saying thank you is the least we can do!

### Thank You...

Clients and Patients  
Program Participants  
Community Residents  
Stonegate Plaza & Merchants  
Volunteers  
Funders and Donors  
Partners

Stonegate Community Association Board of Directors  
Stonegate Community Association Members  
All SCHC Staff

And all our friends, especially...

Pastor Ron Morin and the Congregation at Hope For Tomorrow Church,  
Raouf Ibrahim, owner and pharmacist at Stonegate Pharmacy and  
Stonegate Plaza Landlords Michael and David Bunston,  
for their kindness and generosity of spirit.

# 2007 - 2008 Program & Service Highlights

## Family Medicine and Counselling

Despite the challenges, the clinic at SCHC rose to the occasion! Moving into available space and facilities either in the Centre or at the Stonegate Pharmacy after the flood, our primary care team was able to continue providing complete family medicine, mental health counseling, chiropody, diabetes, asthma/COPD and diet and nutrition services to clients with very little interruption or inconvenience.

## Community Food Access

The 2007 season proved to be the most successful one yet for the Stonegate Farmers' Market. An average weekly attendance of over 100 customers enjoyed the goods available from 12 vendors. Customers also enjoyed a variety of healthy cooking and gardening demonstrations and taste testings over the summer.

Bell Manor Park continued to serve as the backyard for our community. Many events, including gardening workshops were held and local residents enjoyed learning about edible weeds, organic pest control, composting and organic gardening. In December, over 75 community members attended the Centre's first ever community winter campfire event at the park. Approval and funding were received in January to expand the community gardens by adding 10 additional plots for the 2008 growing season. SCHC also hosted a successful community barbecue, bake oven and potluck event at the park, with the hope of this becoming a yearly tradition.



The Food Access program continued to support the nutritional needs of local school children by increasing the number of healthy snacks prepared and delivered to Etienne Brule and St. Mark Schools. Each week, over 400 students enjoyed the snacks and participated in nutrition and healthy eating education.

## Children and Youth

Stonegate CHC continued to enhance school based programming for children throughout 2007. Grade 5 students at Etienne Brule Junior School led the way by participating in a CHC led 20 week leadership-building series. Students learned about positive self-esteem, conflict resolution, anger management and bullying, along with the skills needed to foster a healthy and supportive environment among all their fellow students.



Our Ontario Trillium Foundation funded after-school program completed its second full year of promoting increased physical activity through organized sports and recreational activities. Many local children actively enjoyed soccer, basketball and drama camps. The junior and senior youth summer camps were very successful with approximately 45 youth attending on a weekly basis over a 6 week period.

Partnerships with other agencies remained strong as we continued to offer and support numerous programs. The Early Years Program successfully delivered programs for children and families at the Centre and throughout our local community.

Our Homework Buddies, School Readiness, Families Get Together, Little Chefs, Boys will be Boys, and Girls Unlimited programs, just to name a few, were extremely well attended in 2007. In partnership with the Ontario Cycling Association, Stonegate CHC offered the Kids Can Bike program providing youth 9 to 17 years of age an opportunity to learn to be a safer and more confident cyclist on the streets and bike paths in our community. All youth that successfully completed the program were given a new bicycle and helmet.

## Women

A variety of health promotion events were held throughout the year for local women, most notable being a session on financial planning and a celebration of International Women's Day in March, attended by over 30 local women.

The Women's Program, including the weekly drop-in, yoga, pilates and aerobics classes also continued with minimal disruption during the construction period. Sessions were hosted in either the Annex classroom or Hope for Tomorrow Church in the Stonegate Plaza.



## Seniors

Two Seniors Wellness Programs were offered in 2007. Each session offered weekly health education and wellness information followed by an hour of gentle fitness and exercise. The response to the program was overwhelmingly positive and over a period of 8 weeks, staff observed noticeable improvements in the level and duration of physical activity, energy and stamina of participants.

The Seniors Brunch continued to be a big hit. Each week a hot and nutritious meal was prepared for and enjoyed by local seniors. In total, over 300 seniors were able to enjoy some good food and good company in a safe and supportive environment.

## Building Community Capacity

### Mabelle Community Coalition

In 2007, Stonegate CHC continued to lead the work of the Mabelle Community Coalition in addressing the needs and issues of this Dundas and Islington area neighbourhood. Public transit, neighbourhood safety and in particular food and hunger were named as key issues by well over 100 residents that attended a town hall meeting. A food and hunger sub-committee, led by SCHC staff continues to work with Mabelle residents to address this most pressing issue.

### Bell Manor Park Redevelopment

Thanks to the tireless efforts of the Stonegate Action Group and with the support of the City of Toronto, over \$100,000 was raised to purchase and install a new children's playground at Bell Manor Park. In June 2007, the dream was realized when over 200 community residents enjoyed the grand opening celebration of the newly refurbished park and playground. Through tremendous outreach and fundraising efforts, local children and families can now enjoy a day in the park with safe, colourful and modern playground equipment.

