

## **Parenting Programs**

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**Contact Carol at 416-231-7070 extension 283 for more information**

### **MINI MIND MASTERS:**

**Wednesdays - 10:00 a.m. to 11:30**

**January 21<sup>st</sup> to March 25<sup>th</sup>**

**Do you find parenting your child 2 to 6 years of age a challenge? Join us for a structured play group, meet other parents and learn positive parenting tips.**

### **DISCIPLINE AND BEYOND:**

**Wednesdays - 1:00 p.m. to 3:00 p.m.**

**Wednesday January 28th to Wednesday February 25th**

**This is a 4 week interactive parenting program for parents of children 0 to 6 years of age.**

**Come discover your parenting style, explore ways to build a bond with your child, learn how to prevent problems and encourage positive behaviour.**

**\*Registration is required for this program.**