

A photograph of two women in a kitchen setting. The woman on the left is wearing a black long-sleeved shirt and a black apron. The woman on the right is wearing a grey sweater, glasses, and a black apron. They are standing behind a white countertop that is covered with several plates of food, including fruit, nuts, and bread. In the background, there is a sink with a faucet, a dish rack, and some bags of food. The wall is covered in blue tiles.

STONEGATE

Community Health Centre

2025-26

IMPACT REPORT

Strength and Resilience

www.stonegatehc.org

Better Together



Ontario's Community
Health Centres



At Stonegate Community Health Centre (CHC), we are proud to introduce our 2026–2029 Strategic Plan — a roadmap grounded in community voice, equity, and resilience.

This plan was shaped through a comprehensive strategic planning refresh led by our Board of Directors. The process included an environmental scan, input from staff, more than 220 client surveys, and a community engagement event attended by 20 community members. Together, these insights informed the strategic directions that will guide our work over the next three years.

Our Strategic Plan reflects Stonegate’s commitment to a holistic approach to health and well-being. We recognize that good health is influenced by far more than medical care alone. Access to primary care, mental health supports, and essential needs emerged as the highest priorities identified by our community. We also acknowledge the inequities that continue to prevent many individuals and families from accessing the services and supports they need to thrive.

In response, this plan reaffirms our commitment to advancing equitable, community-based care while responding thoughtfully to the evolving needs of our neighbourhoods and the realities of our resources.

This strategy was developed during a period of significant change across the health-care landscape. As we look ahead, we remain focused not only on growth, but also on organizational resilience and adaptability. We recognize that unforeseen pressures and competing demands may arise, and we are committed to remaining flexible, responsive, and grounded in our mission.

We extend our sincere gratitude to everyone who contributed their time, experiences, and perspectives to this process. Your voices have helped shape a shared vision for a healthier, more inclusive, and more equitable community.

Lillian Manea

Chair, Stonegate CHC Board of Directors

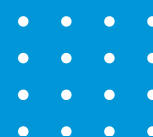
Charis Turner Romilly

Executive Director, Stonegate CHC

Board Members

Lillian Manea (Board Chair)
Delisa Abraham (Vice-Chair)
Jane Hung (Treasurer)
Kareen Atejoh (Secretary)
Elena Mikhaylova
Michelle Posner

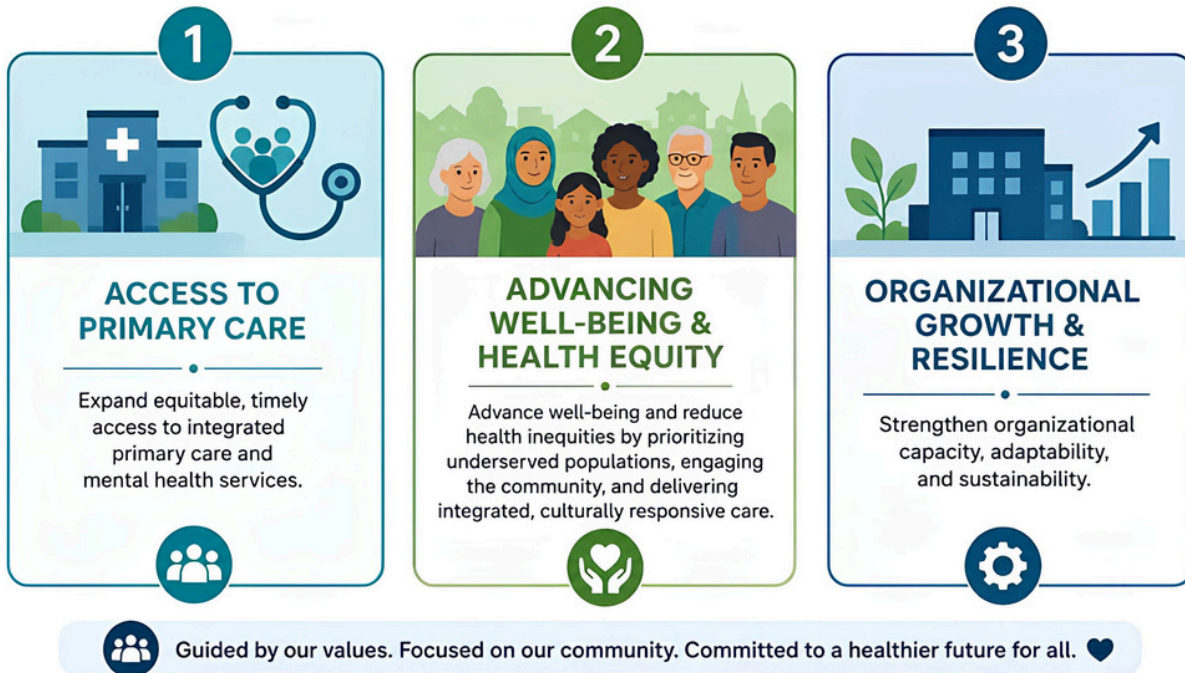
April Stevens
Lisa Wiseman
Shelly Kalra
Surbhi Agarwal
Lauren Marcotte
Samia Afzal
Amy Nelson



OUR STRATEGIC PRIORITIES



Building a healthier, more equitable community—together.



Guiding Principles

- Our work is compassionate, fair and respectful.
- We support and encourage individuals and the community to set and achieve goals for optimal health and well-being.
- We engage with the community to address systemic barriers that compromise the health of our community and its individuals.
- Some members of our community have greater needs and fewer choices so we must be tenacious and responsive in what we do to achieve health equity.
- We are committed to cultural safety for all clients and will make special effort to ensure Indigenous cultural safety.
- Greater outcomes are achieved through partnership and collaboration.
- We invest in our staff and are committed to excellence and sustainability through sound fiscal management, innovation, continuous learning and a culture that values change and adaptability.

Vision

We envision a healthy, active and inclusive community where physical, mental and social well being is achieved.

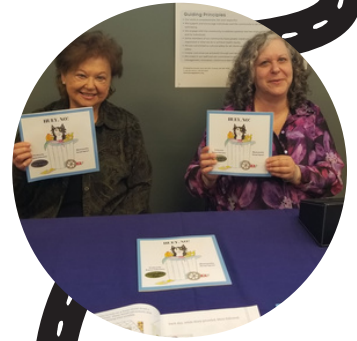
Mission

Stonegate Community Health Centre works to improve the well-being of our community. Together, we identify individual and community needs and respond by providing accessible and inclusive health services and health promotion programs.



Spring 2025

Stonegate hosted its inaugural GTA Writers Showcase, bringing together 13 local authors to share and sell their work while celebrating literary creativity. Community members enjoyed meeting writers, a free book raffle, and complimentary coffee generously provided by Starbucks on The Queensway, with volunteers playing a key role in the event's success.



Summer 2025

The Soca Party at Bell Manor Park brought families together to celebrate Caribbean culture through music, dancing, and community connection. Residents of all backgrounds enjoyed lively entertainment, cultural activities, and a vibrant atmosphere that celebrated diversity and togetherness.



Fall 2025

We engaged residents across Etobicoke through community events that improved access to health and social services for all ages. Highlights included Check It Out at Mimico Library, delivered with the Etobicoke Brighter Futures Coalition and 30+ partner agencies, connecting families to child development, parenting, nutrition, and childcare supports; the Seniors Fall Fair, linking older adults and caregivers to community resources and workshops; and outreach at Cloverdale Mall, Deputy Mayor Amber Morley's Fall Fest, and a public lecture featuring Dr. Eileen de Villa at the Etobicoke Civic Centre



Winter 2025

We celebrated the holiday season with programs that brought joy and connection to individuals and families across the community. Early Years holiday events engaged over 300 participants with crafts, music, and visits with Santa, while our seniors and women's program enjoyed festive activities including movement, mindfulness, baking, arts and crafts, and the annual Holiday Bingo Party.





Always felt **safe** and **welcome**.

Individuals Served



Elderly: 1,271



Adult: 2,067



Pediatric: 1,102



Age Unknown: 50



Total: 4,490



Reported the quality of care was **very good/excellent**.

Service Encounters



Primary Care: 13,401
(27%)



Allied Health: 8,417
(17%)



Community Programs:
16,796 (34%)



Community Partners:
10,331 (21%)



Total: 48,945 (100%)



Client Testimonial:

"I've been using Stonegate's services since I was two years old. I am now 34. (I no longer live in the neighbourhood, but my primary doctor is still at Stonegate). Suffice to say my life would have been significantly worse without the food bank, the drop-in, the annex, breakfast clubs, holiday parties, and other community programs. It made growing up poor and with a turbulent family situation more bearable. We need to protect and cherish community programming."



Over the last three years, we have made significant progress in improving access to primary care. During this period, we have:

- Cleared a waitlist of more than 400 people and implemented a new intake process.
- Reduced average waitlist processing times by 92%, from two years to just two months.
- Increased the number of available appointments by 17%.
- Introduced online booking, a new Stonegate phone system, a self-check-in kiosk, and AI Scribe technology.

We are also excited to expand our primary care capacity in the near future through a collaboration with the West Toronto Ontario Health Team.

While increasing access to care, we continued to deliver high-quality, ongoing primary care services:

- 92% of clients reported being involved in decisions about their care and treatment as much as they wanted, often or always.
- Our primary care program achieved an average cancer screening rate of 88% for colorectal and cervical cancer.
- Fewer than 6% of our clients visited the emergency department for concerns that could be effectively managed in primary care, helping keep clients out of emergency rooms and connected to appropriate care.

Fund Essential Medications for Those in Need: No one should have to choose between food and medicine. Your donation helps low-income patients access essential life-saving medications—creating a healthier, more equitable community for all.



1503 Chiroprody
Service Encounters



1449 Toronto Public Health Dental
Service Encounters



1017 Asthma/COPD
Service Encounters



639 CHC Physiotherapy Partnership
Service Encounters



ACCESS TO PRIMARY CARE



Stonegate's wellness, mental health, and physical activity programs supported over 1,565 community members this past year, fostering resilience, belonging, and better health through peer support, stress management, and community gatherings.

Mental Wellness Programs

Mental wellness initiatives deliver high-impact, cost-effective care that relieves pressure on the healthcare system and advances health equity for traditionally underserved communities.

91% Indicated that Stonegate helped them improve their health and well-being

Key Achievements & Impact:

- 300,000 Funding Secured: \$175,000 in sustained and \$125,000 in one-time funding to expand programming.
- Community Well-Being: Expanded services addressing social isolation and strengthening support networks.
- Positive Impact: 87% of clients reported improved mental health and stronger social connections.
- Stronger Partnerships: Connected individuals and families to essential health and social services, prioritizing those most in need.
- Culturally Responsive Care: Dedicated supports for Black, Indigenous, and racialized children.

Food security initiatives included:

- Good Food Market: 13 market days, 487 service interactions, & produce at 52% of retail cost.
- Holiday Food Boxes: Nearly 500 boxes distributed with community and donor support.
- Food Security: Increased support for Christ Church St. James Food Bank.
- Community Gardens: Supported 49 garden plots.
- Seniors' Food Bus: Delivered in partnership with Etobicoke Services for Seniors.

Approximately 84% of food-insecure clients reported that Stonegate helped them access food and address food-related challenges this year.

The 3rd Annual Winter Clothing Drive provided 80+ community members with winter and all-season clothing, supported by volunteers and local donations, along with hot drinks and a free raffle.



Help Get Stonegate Community Moving:

Your donation will support physical activity and recreation programs for all ages at Stonegate Community Health Centre. From fitness classes and wellness activities to inclusive recreational programs, your contribution helps build healthier lifestyles, stronger connections, and a more active community for everyone.



Collaboration remains central to our work. Through partnerships with community organizations, local leaders, and service providers, we have expanded shared learning, coordinated services, and collective impact. We achieved our strategic goal of establishing eight new partnerships, strengthening community well-being.



Two Partnerships we are highlighting are:



Stonegate CHC has been a dedicated and active member of the Etobicoke Brighter Futures Coalition [EBFC] for over 20 years.



EBFC is a collaborative network of local organizations across Etobicoke that works together to deliver coordinated, family-centred programs designed to promote healthy early childhood development, strengthen parenting capacity, and foster resilient, thriving communities.

Through our longstanding partnership with EBFC, we developed community-informed play statements and educational videos that highlight the importance of play and provide practical guidance to support children's learning and development at home and in the community.

Building Futures Through Partnership: Empowering Students, Strengthening Community

We partner with leading post-secondary institutions including University of Toronto, Humber Polytechnic, Etobicoke School of the Arts and Toronto Metropolitan University to provide meaningful student placements across diverse fields. These opportunities offer hands-on experience and mentorship while bringing fresh perspectives, research, and support to strengthen Stonegate's programs and services. Through these partnerships, we continue to strengthen community-based learning and help develop the next generation of professionals.



Organizational Strengths & Resilience

Our staff, volunteers, and community partners are at the heart of our work. We continue to invest in professional development, peer learning, and collaborative planning to strengthen our ability to support community members effectively. By building skills and improving internal systems, we enhance our capacity to deliver programs that are equitable, accessible, and impactful.



This year, we continued to strengthen our commitment to building an inclusive, equitable, and community-responsive organization by investing in the growth and learning of our team. The majority of staff have completed Indigenous Cultural Safety training, while all staff engaged in health equity learning and shared lived experiences to deepen understanding of the communities we serve. Many also participated in Anti-Black racism and broader anti-racism training, helping to foster a more inclusive and respectful environment. In addition, both staff and board members took part in ongoing education focused on best practices, quality improvement, health and safety, and leadership development. Together, these efforts enhance our ability to provide culturally responsive, compassionate care and to meaningfully support the diverse communities we work alongside.

Responding to Evolving Community Needs

Communities are constantly evolving, and resilience requires adaptability. Stonegate remains committed to learning alongside the community we serve. Over the past year, we adjusted programs and services in response to feedback from participants and partners. We continuously assess our programs and identify ways to improve. These insights help us refine our work, strengthen relationships, and ensure that our organization remains accountable and responsive, helping us better address emerging challenges and ensure that our services remain relevant and supportive.

Community-Centered Leadership and Governance

Our leadership team and Board remain committed to ensuring that community voices continue to inform our decisions and priorities. Over the past two years, the Board's collective advocacy, alongside the Alliance for Healthier Communities, staff, and community support through the "For Us For You" petition, helped secure cost-of-living increases for staff salaries and additional operational funding to address inflation. These investments enabled Stonegate to maintain its current level of services and continue meeting the needs of the community.



LIDA SAMBORSKY & CHRIST THE GOOD SHEPHERD/ST. MICHAEL CHURCH - They have supported the Advent Holiday Good Food Box Drive for 13 years, raising more than \$40,000 to provide fresh food for local families experiencing food insecurity. This year, over \$6,000 raised through the parish and the Ukrainian Catholic Women's League helped approximately 240 families during the holiday season. Their longstanding generosity has made a lasting impact on local families.



JILL MACDONALD - Jill, a social worker at Stonegate, consistently goes above and beyond to support vulnerable individuals and families. From coordinating holiday donations and essential supplies to leading an empowering women's group and assisting clients facing complex challenges, Her compassion and unwavering commitment are recognized and valued by clients and staff alike.

RICHARD BLASZCZAK - Stonegate's dedicated chiropractor, has provided compassionate foot care for more than 20 years, and 37 years in his profession. He has been improving the quality of life of vulnerable clients through exceptional clinical care and home visits. His dedication to patients and the community has always stood out. We would like to recognize Richard for the tremendous impact he has had on so many lives.



CHARMAINE DOLMAN - A longtime Stonegate resident, Charmaine has meaningfully served local families and children for years. While earning her Early Childhood Educator diploma, she worked at a local school preparing daily healthy snacks. Through her outreach to local vendors, Charmaine was instrumental in creating 35 back-to-school backpack kits equipped with essential supplies, ensuring students in our community had the tools they needed to start the school year with confidence.

SHONTELLE ALLWOOD - Since June 2025, Shontelle has gone above and beyond as a Stonegate nutrition volunteer. Supervised by the local dietitian, she developed "Nutrition Essentials"—creating nine monthly educational presentations on topics like budgeting, hydration, and heart health, paired with healthy homemade snacks. As she prepares for her Master's program this fall, Shontelle recruited and trained a new volunteer team to ensure the program's continued success.



Revenues	For year ended March 31 st 2026	For year ended March 31 st 2025	Variance
Federal	26,454	20,834	5,620
Provincial	4,388,306	4,152,577	235,729
Municipal	113,654	129,686	-16,032
Partnership Projects	167,049	209,980	-42,931
Growth and Development Initiatives	49,707	47,184	2,523
Other	268,510	218,591	49,919
Total Revenue	5,013,680	4,778,852	234,828

Expenses	For year ended in March 31 st 2026	For year ended March 31 st 2025	Variance
Salary and Benefits	3,525,673	3,399,189	126,484
Rent	552,248	552,248	0
Program Costs, Development and Other Expenses	633,546	577,647	55,899
Growth and Development Initiatives	29,850	58,816	-28,966
Depreciation	236,311	211,904	24,407
Total Expenses	4,977,628	4,799,804	177,824
Excess of Expenditure over Revenues	36,052	-20,925	57,004

Client Testimonial:

"At this moment, I am on sick leave, and I don't know for how long. Receiving such beautiful, fresh vegetables helped me a great deal with my diet during this Christmas season, and it truly made me very happy. Please know how grateful I am. Your kindness and care made a real difference for me, and I sincerely appreciate it. Thank you with all my heart."

THANK YOU TO OUR DEDICATED FUNDERS, DONORS & PARTNERS!



**Ontario
Health**

Ontario 
Ministry of Health

Canada 

FINANCIALS



Celebrating Our Team's Achievements



Our team's dedication drives the success of our programs and the well-being of the communities we serve. This year, we are proud to recognize milestones and achievements that highlight both personal growth and organizational strength:

Stonegate would like to recognize ROSALYN SANTOS for 25 years of service!

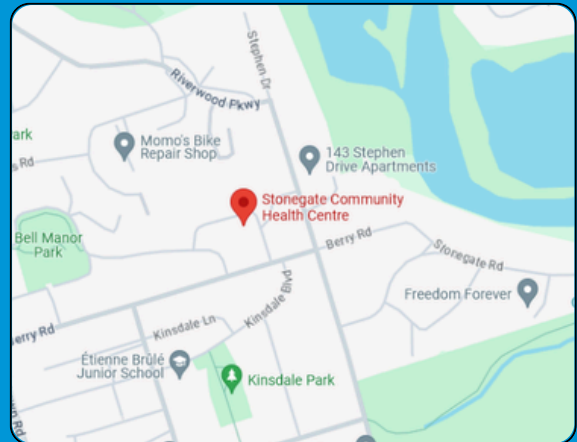
Rosalyn has been a dedicated mental health advocate at Stonegate Community Health Centre for many years, supporting the unique mental health and well-being needs of community members through compassionate counselling, workshops, and meditation classes. She has created empowering programs that help people build self-worth, resilience, and meaningful connection in an increasingly isolating world. Through both group programs and one-on-one support, Rosalyn provides guidance, compassion, and practical tools that help individuals better understand themselves and care for their mental health.

Her kindness, empathy, and commitment have made a lasting difference in many lives, and she continues to champion her clients and community with extraordinary dedication. Rosalyn truly deserves recognition for the positive impact she has made and continues to make every day.



Programs and Services

- Family Practice Clinic
- Sexual Health Clinic
- Dental Clinic
- Physiotherapy
- Chiroprody
- Seniors Wellness & Active Living
- EarlyOn Programs
- Nutrition
- Counselling
- Family Programs
- Food Programs
- Diabetes Education
- Asthma Management & Smoking Cessation
- Physical Activity And Fitness Programs
- Women's Programs Counselling



To all of our great staff and volunteers, thank you for your hard work!

Contact Us:



www.stonegatechc.org



General Phone: 416-231-7070
Clinical Services: 416-231-6526



info@stonegatechc.org



10 Neighbourhood Lane, Unit 201
Toronto, ON M8Y 0C5



[@stonegatechc](https://www.instagram.com/stonegatechc)